

Things to bring to Costa Rica:

--Flashlight or headlamp. Brighter = happier.

--at least one backup flashlight/headlamp (something cheap).

--one set of field pants--get something light that dries easily.

--two-three field shirts, at least one with long sleeves. Again, something light that dries easily.

--one set of clothes (e.g., shorts and a shirt), to be kept more or less undirty for nonherping time.

--clothes to sleep in.

--light rain jacket

--rubber boots and tevas/chacos. These are all the shoes you need. The rubber shell fireman-style are best, available at (e.g.) WalMart.

Normal hiking boots get wet and heavy under the conditions we will be in. And they will allow ants to climb up to you.

--socks. 4 pairs.

--bathroom stuff

--food. Food will be provided. But if you have some snack food you like that travels easily (candy bars, powerbars, etc.) you should bring it. Some nights you will be awake a long time with no real meal, so this kind of food becomes important.

--field notebook and pencils or pens with non-smudge ink.

--backpack to be used when searching for herps, to carry light, bags, repellent, etc.

--batteries. Get duracells or similar. Only bring as many as you need for your light, gps, etc.

----bug repellent--nonaerosol, no-deet. Deet will harm the amphibians we will be handling.

--money and credit/bank cards. Everything essential will be paid for, but you may want money along to get gifts, snacks etc. ATMs are present in Costa Rica and we should be relatively close to some, after the first two nights of our trip.

--desirable optional things: gps, hat, camera, very small portable fan.

--what NOT to bring: a computer, lots of clothes, a jive attitude, anything big/bulky/heavy.

Other:

--We should have access to electricity (for charging lights etc.) and possibly internet for all of the trip. I am fairly confident on the electricity for the entirety of the trip. I suspect the internet will be nearly lacking at our first stop, present at our second, and weak but useable at our third place.